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# A REVIEW ON ROLE OF PHARMACIST AS ONE OF THE HEALTH CARE PROFESSIONAL IN PROVIDING PHARMACEUTICAL CARE FOR BETTER THERAPEUTIC OUTCOME IN PATIENTS

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## ABSTRACT:

Diabetes is a disease that desperately needs more pharmacist involvement. Pharmaceutical care and expanded role of pharmacist are associated with many positive diabetes related outcomes, including improved clinical measures, improved patient and provider satisfaction, and improved cost management. Studies have shown that type 2 diabetes is associated with impaired QoL as diabetes increases morbidity and decreases life expectancy. It is known that diabetes and stress are directly or indirectly related, and it is important to evaluate stress in patients with diabetes. To evaluate the impact of pharmaceutical care in patients with type 2 Diabetes mellitus and to provide education and information regarding the disease and life style modification. The assessment of quality of life in patients with diabetes could help to improve patient's wellbeing. Greater attention to treating illness by addressing its psychological side through support and coping strategies, and not just the disease, has important implications for reducing health disparities.

**KEYWORDS:** Diabetes, Patient counseling, life expectancy, patient information leaflet and Quality of life.

Access this Article Online	Quick Response Code: 
Website: <a href="http://www.journalofhospitalpharmacy.in">http://www.journalofhospitalpharmacy.in</a>	
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